

The **Franconia News**



Serving the Franconia Military Community – Ansbach, Bamberg and Schweinfurt

Vol. No. IX, Issue 14

April 13, 2012

First Lizard Day Brings Students and Community to Urlas

Story by Colette Purcell

U.S. Army photos by Juan Lafuente-masso

On Tuesday, April 3, 7th grade students from Ansbach Middle High School had the pleasure of taking part in "Lizard Day" at Urlas Housing. The purpose of Lizard Day was to educate the community and students about the several endangered species, including the sand lizard, who call

Urlas their home too! The event also publicized the efforts USAG Ansbach has made to help maintain and preserve the habitats of the species. The 7th grade science classes at Ansbach Middle High school have been studying habitats and discovering what is needed for species to survive. The students enjoyed an afternoon in the sun playing games which simulated how populations change in response to limited resources. COL Kelly Lawler, Garrison

Commander of USAG Ansbach provided an update on projects at Urlas housing and the efforts being made to protect the habitats of endangered species. The day ended with a lizard hunt on a nearby sports field. The Ansbach Middle School students had a wonderful time learning and playing, and many thanks must go out to our community members who organized this wonderful educational event and made it so enjoyable for our students.



This week in the Franconia News ...

In USAG Ansbach: JROTC Military Ball, pg. 8; www.ansbach.army.mil

In USAG Schweinfurt: Spring Bazaar, pg. 15 www.schweinfurt.army.mil

In USAG Bamberg: Single Soldier Supper, pg. 18 www.bamberg.army.mil



2012 Annual Overseas Housing Allowance (OHA) Utility and Recurring Maintenance Allowance Survey Available Online

Heidelberg – All Service Members assigned to Germany and residing in privately leased quarters drawing OHA for at least six months are highly encouraged to take the 2012 Annual OHA Utility and Recurring Maintenance Allowance survey. This year's survey runs from Apr 1 – 30. Spouses of deployed Service Members are eligible to take the survey. By taking the survey, Service Members can influence their housing allowance rate.

To access the survey, click on <https://www.defensetravel.dod.mil/site/aprutil.cfm>

Risk of Measles Increased While in Europe

By Centers for Disease Control and Prevention (CDC)

Measles (Rubeola) is a highly contagious respiratory disease caused by a virus. The disease of measles and the virus that causes it share the same name.

Measles causes fever, runny nose, cough and a rash all over the body. About one out of 10 children with measles also gets an ear infection, and up to one out of 20 gets pneumonia. For every 1,000 children who get measles, one or two will die. Other rash-causing diseases often confused with measles include roseola (roseola infantum) and rubella (German measles).

While measles is almost gone from the United States, it still kills nearly 200,000 people each year around the world. Measles can also make a pregnant woman have a miscarriage or give birth prematurely.

Measles spreads through the air by breathing, coughing or sneezing. It is so contagious that any child who is exposed to it and is not immune will probably get the disease.

Measles is very rare in countries and regions of the world that are able to keep vaccination coverage high. In North and South America, Finland, and some other areas, endemic measles transmission is considered to have been interrupted through vaccination. There are still sporadic cases of measles in the United States because visitors from other countries or US citizens traveling abroad can become infected before or during travel and spread the infection to unvaccinated or unprotected persons.

There is an increased risk of contracting measles while in Europe as vaccination rates drop across the continent. In order to make sure that you and your family are up-to-date on important vaccinations like measles and Tdap (against pertussis or whooping cough), see your local health care provider.

(Source: www.cdc.gov)



Child abuse: doesn't report itself

If you see or suspect child abuse, child neglect or a safety violation in your DoD CYSS Programs or Schools, report it to your installation:

MILITARY POLICE Katterbach DSN... 467.3856 CIV... 09802.83.3856 Storck... DSN... 467.4565/4581 CIV... 09841.83.4565/4581	FAMILY ADVOCACY PROGRAM Katterbach DSN... 467.3632 CIV... 09802.83.3632 Storck... DSN... 467.4752 CIV... 09841.83.4752	SAFETY DSN... 468.7564/1670 CIV... 0981.183.7564/1670
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Child Abuse Reporting Point of Contact (RPOC) Family Advocacy Program Safety Office

or call the DoD Child Abuse and Safety Violation Hotline at:

1-877-790-1197
(In the United States)

OVERSEAS: Please Call Collect 703-604-2547
(local charges may apply)



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Col. Kelly J. Lawler, USAG Ansbach Commander

Bianca Sowders, Community Relations Officer/Editor

Public Affairs Office — 468-1600 or 0981-183-1600

Supplement use highest among overweight service members

By Douglas DeMaio, Bavaria Medical Department Activity Public Affairs

VILSECK, Germany (April 10, 2012) -- Dietary and performance enhancing supplements have an artificial image according to an expert who works at the Army Wellness Center here.

"Fewer than 30 percent of service members discuss dietary supplements use with their health care providers," said Kim Waller, director of Bavaria's only Army Wellness Center here, who quoted a study she read about supplement use by active duty service members. "A lot of people don't consider the use of supplements to affect medication."

Using both medications and supplements at the same time can increase a person's risk of drug-supplement interactions, according to a statement on National Center for Biotechnology Information website.

The use of supplements alone can produce adverse side effects and cause consumers to feel faint or dizzy, Waller said. The substances may even cause consumers to have a headache or interfere with their sexual performance.

When these adverse effects happen, Waller said, who wants to raise awareness about the potential dangers of using some supplements, consumers "don't stop taking them, they just try a different one or they decrease the dosage."

"The thing with dietary supplements is that they are not regulated by the FDA (Food and Drug Administration)," Waller said, who has a degree in clinical laboratory science. "The supplements do not have to be tested or proven effective before being sold."

Testing occurs after a problem arises, like it did with ephedra, which was banned in 2004 after being on the dietary supplement market for almost a decade.

"After a careful review of the available evidence about the risks and benefits of ephedra in supplements, the FDA found that these supplements present an unreasonable risk of illness or injury to consumers," according to a report by the U.S. Department of Health and Human Services website. "The data showed little evidence of ephedra's effectiveness, except for short-term weight loss, while confirming that the substance raises blood pressure and stresses the heart. The increased risk of heart problems and strokes negates any benefits of weight loss. There is strong evidence that ephedra is associated with an increased risk of side effects, possibly even fatal ones."

Another supplement containing 1,3-dimethylamylamine, known as DMAA, has been temporarily removed from Army and Air Force Exchange Service shelves because it is being associated with adverse events.

What consumers also need to know is that some supplements are laced with varying quantities of approved prescription drug ingredients, controlled substances, and untested and unstudied pharmacologically active ingredients, according to the FDA's website.

"These deceptive products can harm you," according to the website. "Hidden ingredients are increasingly becoming a problem in products promoted for bodybuilding. Remember, FDA cannot test

all products on the market that contain potentially harmful hidden ingredients. Enforcement actions and consumer advisories for tainted products only cover a small fraction of the tainted over-the-counter products on the market."

There are products tested by third party entities for banned substances and receive a certification for meeting an international standard for a dietary supplement, but unknown ingredients in certified product's proprietary blend are what concerns Waller, she said. Proprietary blends do not list ingredients by volumes and are advertised to sell the product to consumer.

"It's marketed to sound like something extreme," Waller said. "What exactly is an Ener-Tropic Xplosion? It just sounds cool."

The total sales for dietary supplements in the U.S. are estimated to be more than \$27 billion annually, according to a consumer report from 2011.

Prevalence rates for those who use performance enhancing and dietary supplements are greatest in the Marine Corps, Waller said. Supplements are used most by individuals who have a Body Mass Index of more than 25 and who are moderate to heavy drinkers. Soldiers' use of supplements was second behind Marines, Waller said, quoting a 2005 survey on health related behaviors, which was completed by nearly 16,000 active duty members.

"Those who are overweight are more likely to use" supplements, Waller said. "You're probably never going to get people to stop taking dietary supplements, but it seems like maybe there should be more information about the ingredients that are in them and how to take them safely."

The Human Performance Resource Center, which is a Department of Defense initiative to promote warrior wellness and apply emerging technologies to Soldiers' performance, is working to increase awareness about using dietary supplements safely. HPRC's website, www.hprc-online.org, provides resources to help Soldiers and their families make informed decisions when choosing dietary supplements.

"Due to the long and tedious process of removing any product from the market, many potentially dangerous products remain for sale," according to the HPRC website. "The Department of Defense is about to launch an educational campaign to inform warfighters and their families about potential health risks and steps to take before using dietary supplements. This campaign, Operation Supplement Safety or OPSS, will focus on service members and their families."





Was ist los in Franken?

By Bianca Sowders

Spring Awakens in Rothenburg

Rothenburg is celebrating spring with several events between **March 30 and May 5**; the Easter fountain will be decorated, many restaurants feature special spring menus and a spring hiking tour in and around Rothenburg. For more details contact the Rothenburg Tourist Office or go to www.rothenburg.de

Flamenco Festival in Würzburg

Traditional as well as contemporary stage programs from old and young Spanish Flamenco artists can be seen at the Flamenco Festival in Würzburg until **April 14** at the Mainfrankentheater Würzburg (Zehntscheune Weingut Juliusspital). For details go to www.wueflamencofestival.com

Frühlingsfest in Nürnberg

The Nürnberg Spring Volksfest, the largest one in Northern Bavaria, happens at the Festplatz near the Dutzendteich (Bayernstraße) until **April 22**. The latest rides, culinary specialties and fest tents as well as special events like concerts or an old timer meet bring thousands of people to the traditional fest. It opens at 10:30 a.m. on Sundays and German holidays, at 1 p.m. on Wednesdays (family day) and Saturdays and at 2 p.m. on other weekdays; closing hour is 11 p.m. every day. Rides are half price until 8 p.m. on Family Days (Wednesday). For details and program information check www.volksfest-nuernberg.de

Spring Market in Aschaffenburg

The annual Aschaffenburg spring market takes place April 14 – 17; opening times are Saturday 2:30 – 6:30 p.m., Sunday 11 a.m. – 6:30 p.m. and 9 a.m. – 6:30 p.m. on regular weekdays.

Spring Fest in Bad Windsheim

The traditional Spring Fest with rides and fest tents is still ongoing until April 15 in Bad Windsheim; for detailed program information check with the tourist office at tourismus.bad-windsheim.de

Garden Fair in Bamberg

The Bamberg garden fair "Blüte & Ambiente 2012" with more than 100 exhibits displaying flowers, bushes, vegetables and herbs as well as tools, furniture and accessories takes place on the Böhmerviese (Heiliggrabstraße 57) on April 13 – 15. Opening hours are Friday, 1 – 7 p.m., Saturday 10 a.m. – 7 p.m. and Sunday 10 – 6 p.m. More information at www.bluede-ambiente.de

Garden Fair in Bad Windsheim

The annual garden fair in the outdoor area of the Kur & Kongress-Center Bad Windsheim (Erkenbrechtallee 2) takes place on April 21 & 22. Doors are open on Saturday from 10 a.m. – 6 p.m. and Sunday 9 a.m. – 7 p.m.

Skate Night Schweinfurt

Schweinfurt is hosting a skate night on April 21, starting at 6 p.m. throughout the downtown area; starting point is the Aposto on the market. Skates and boards are welcome; music and food will be provided, as well as a locker area for extra shoes. Registration is not necessary and admission is free! For more information go to www.skate-night-schweinfurt.de or www.facebook.com/skatenightschweinfurt.

Asparagus Season is here

The asparagus season in the area has officially begun; in Franconia alone about 250 asparagus farmers harvest the "white gold" as it is also called. The white asparagus and later in the month the green version is available at many supermarkets, vending booths along the road or straight from your local farmer. The season traditionally ends on 24 June, St. Johannis Day.

Larry Garner meets Norman Beaker & friends

A Blues concert featuring Larry Garner, Norman Beaker and friends takes place on **April 17** at 8 p.m. in the Ansbacher Kammerspiele (Maximilianstr. 29, 0981-13756)

Magic Night in Heilsbronn

For a night of magic and illusions in the Klosterhof (Marktplatz 17) in Heilsbronn on **April 21** at 7 p.m. contact 09872-1226 to make reservations. The price of 49 Euros includes a five-course meal, an aperitif and a bottle of mineral water.

Jazz Time in Ansbach

The Ansbach Tourist Office recommends a jazz concert with the Swinging Fireballs coming up on **April 27** at the Orangerie in Ansbach. The concert begins at 8 p.m.; tickets for 19 Euros are available at the Tourist Office in the Stadthaus (Johann-Sebastian-Bach-Platz 1, 0981-51 243)

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Was ist los in Franken?



Tickets for Ansbach Open

Tickets for the popular Ansbach Open Air Concert on Sep 2 are available now at the Tourist Office in the Stadthaus (Johann-Sebastian-Bach-Platz 1, 0981-51 243). The concert will feature the Australian Pink Floyd Show, the only cover band officially carrying Pink Floyd's name, and Max Raabe & Palast Orchester.

Leutschacher Weinfest in Feucht

The annual wine fest in Feucht with the Austrian partner city Leutschach takes place on **April 21**, starting with a wine tasting and music at 10 a.m. to noon at Sparkassenplatz; in the evening at 7:30 p.m. the wine fest continues with a dance at the Karl-Schoderer-Halle (Segersweg 9). Tables can be reserved in the Bürgerbüro Feucht at 09128 – 91670.

Fürth runs again

The annual Fürther Stadtlauf (city run) with entertainment for the audience, t-shirts and awards for participants takes place downtown on **April 22**; the first race (for children) begins at 10:30 a.m., the main race starts at 1:15 p.m. For more information and registration go to www.fuerthlauf.de

Day of the Beer

Bamberg is celebrating the Tag des Bieres (Day of the Beer) on **April 23** in many different locations around the pedestrian zone downtown; available will be not only Bamberg's specialty, the smoked Rauchbier, but also Weißbier, Pils and many more. For more information on the event go to www.bamberg.info For a current train schedule check www.bahn.de

Sure Start

It takes a community. It takes a family. It takes a school.

REGISTRATION 2012-2013

To make Sure Start fit into DoDEA culture and regulations, Sure Start has evolved into a program with a distinct personality. Oversight of the program is by DoDEA, rather than the program itself:

- Sure Start regards family income as the most important- but not the sole- factor in enrollment eligibility;
- Sure Start does not use disability status as an enrollment criterion;
- Parent involvement in Sure Start is a mandatory part of the program;
- Sure Start uses DoDEA Pre-K Foundational Standards to base its curriculum. Teachers and program assistants receive training in its implementation to ensure consistency;
- Sure Start specifies a ratio of 2 adults to 18-20 students.

Enrollment Eligibility

Sure Start is a program for command-sponsored dependents. It is primarily a program for qualified four year olds. (The child must turn four years old by September 1 of the current school year.) Children qualify for Sure Start based on family dynamics which may put the child "at risk":

- ☒ based on rank of sponsor (E-1-E-4 first priority)
- ☒ single parent household
- ☒ parent(s) not a high school graduate
- ☒ parent a teenager when first child was born
- ☒ one or both parents speak a language other than English as their primary language;
- ☒ low birth weight;
- ☒ parent is on remote assignment (TDY) three months or more;
- ☒ four or more children close in age, living in the home;
- ☒ child has older sibling with a severe disability.

Pick up an application and return it with a current LES to Rainbow Elementary School by August 22, 2012

U.S. Army Garrison Ansbach

Illesheim Elementary Joust Program Brings Music to the School

Story by Amanda Ralston

Photo by Kim McCormick

The children of Illesheim Elementary School celebrated their love for music with a special show featuring special songs and rhythms that spanned from Sure Start through 6th grade. The highlight of the night was the presentation of *Joust: A Mighty Medieval Musical* by the Illesheim Elementary School Drama Club.

The premise of the show follows the crowning of the legendary King Arthur of England in a slightly unusual way. Instead of pulling the sword out of the stone, as legend normally tells us, Arthur pulls out a “Boom-Whacker,” a mysterious musical in-

strument that redefines the kingdom. In the spectacle of a whimsical set, colorful costumes, and unique instruments, Joust screamed fun and excitement for everyone who was watching. This show, which was put together in only a month, was set in late March specifically so that the deploying parents could have the pride of seeing their children on stage. The kids were wonderful, singing loudly, mastering difficult choreography for a group their age, and delivering lines with the strength of those who had been acting for a far longer amount of time. Joust was more than a celebration of music within the school; it was a wonderful blend of hard work and pure joy that radiated from every child on the stage.



Anti Bullying Program Adopted in USAG Ansbach

By Judi Patrick

The region school support specialist for CYS Services, Judi A. Patrick, recently visited Ansbach Middle High School to promote the Installation Management Command Europe Bullying Prevention Program. The Region's Child Youth School Services and the Department of Defense Schools (DoDDS) Europe provided a year-long Bullying Prevention pilot in USAG Garmisch to include an Anti-Bullying Policy.

The IMCOM-E Bullying Prevention Program is now being implemented in every garrison in Europe during this School Year. It has been adopted by US Army CYSS world-wide and is also used as a Best Practice by Department of Defense Education Activity (DoDEA). USAG Ansbach key leaders, Ansbach school staff & students participated on April 3 & 4 in the implementation of the Anti-Bullying Policy and Program.



**USAG Ansbach Garrison Commander Col. Kelly J. Lawler signs the Anti Bullying Policy in front of garrison staff, students and teachers.
Photo by Stacy Perryman**

U.S. Army Garrison Ansbach

Fitness Center in Katterbach Adds New Play Area



The Physical Fitness Center in Katterbach has recently added a play area for young children in the cardio room. It is a great place for toddlers to play while their parents are working the treadmill or elliptical at the Katterbach Fitness Center, where they can still keep an eye on them. Play areas are also available in the Duggan Gym on Barton Barracks and in the Bunch Fitness Center on Storck Barracks.



U.S. Army Garrison Ansbach

JROTC Military Ball Highlight of the Season

Story and photos by Bianca Sowders

The annual Military Ball of the Ansbach High School JROTC program took place in one of Ansbach's most beautiful settings, the historical Orangerie downtown. The cadets and their parents were treated to a splendid buffet and typical military customs like the "Grog." Guest speaker of the evening was US Army Europe's Command Sergeant Major David Davenport Sr., who spoke about his impressions of the "Generation M" and commended the cadets for "doing their part to support a bigger cause" by supporting their military parents in their missions.

The Junior Reserve Officers' Training Corps (JROTC) is a Federal program sponsored by the United States Armed Forces in high schools across the United States. The program was originally created as part of the National Defense Act of 1916 and later expanded under the 1964 ROTC Vitalization Act.

JROTC's vision statement is "providing a quality citizenship, character, and leadership development program, while fostering partnerships with communities and educational institutions."





COUGARS

Ansbach Middle High School
DAILY BULLETIN

Get the Cougar Daily Bulletin – Posted Every School Day at
<http://www.facebook.com/U.S.Army.Garrison.Ansbach>

April 19 is a half day for students due to Parent Teacher Conferences which will begin at 11:30 am and continue till 3:00 pm. Students will be dismissed at 11:30.

April 20 is a half day for students to honor the 12th Combat Aviation Brigade Color Casing Ceremony. Students will be released at 11:30.

ANSBACH MIDDLE HIGH SCHOOL

Registration April 18

8 a.m. - 3 p.m. @ Illesheim Elementary School

11:30 a.m. - 3 p.m. @ Ansbach Middle High School (Library)

Register your children early, so the school can assess the number of teachers needed next school year.

School Information:

Unit 28614
APO, AE 09177
DSN: 467-2808/2809
CIV: 09802-83 2808/2809
FAX: 09802-1496

EMAIL ABSENCES TO:

AMHS.attendance@eu.dodea.edu

School Website:

<http://www.ansb-hs.eu.dodea.edu/>

Main Office Hours of Operation:

Monday–Friday, 0730-1600
All DODDS–Europe employees may be reached via the following email format:
firstname.lastname@eu.dodea.edu

DATES TO REMEMBER

April	9 - 13	Spring Recess
	16	Instruction Resumes — 4th Quarter Begins
	19	Parent Teacher Conferences. Students dismissed at 11:30
	20	Students dismissed @ 11:30 Casing Ceremony
	22-27	STEMposium
May	12	Prom
	28	Memorial Day = Federal Holiday



USAG Ansbach Newsbriefs

Snow Shovels

Attention Housing Residents: Spring is here and you obviously don't need to shovel snow anymore:) Please return any borrowed snow shovels and unopened, unused bags of salt to Self Help, so they can be properly stored for the next winter season.



Ladies Social Night

Apr. 13: Crafts and a great social time at Ansbach Arts and Crafts Center. 5:30-7:30 p.m. DNS 468-7627, CIV 0981-183-7627.

Texas Hold 'Em

Apr. 14: First prize: awesome flat screen TV. \$20 in advance, \$25 at the door. 11 a.m. For more information contact: DSN 467-2921, CIV 09802-83-2921.

Kids Creation Day

Apr. 14: Second Saturday of every month for crafts for kids. 3-5 p.m. Children under 18 must be accompanied by an adult. Sign up one week in advance. For more information contact: DSN 468-7627, CIV 0981-183-7627.

Monthly Fishing at Soldiers Lake

Apr. 14: Get the first catch at the newly-stocked Soldiers Lake. 6:30 a.m. \$15. Drawing and prizes. For information contact Outdoor Recreation: DSN 467-3225, CIV 09802-83-3225.

ACS Resiliency Academy

Apr. 16-18: This 3-day course is a fun and interactive way to strengthen communication and help you tackle life's challenges. 9-4 p.m. Sign up with Army Community Service: DSN 467-2883, CIV 09802-83-2883 and DSN 467-4555, CIV 09841-83-4555.

Love & Logic Parenting

Apr. 16, 19, 23: Learn healthy ways to establish effective control with love and trust. 10-12 p.m. Katterbach Yellow Ribbon Room. Register with ACS Family Advocacy: DSN 467-2516, CIV 09802-83-2516.

FRG Childcare Night

Apr. 18: Offered at no cost for mission-related meetings. 6:30-8:30 p.m. Make reservations at least 2 weeks in advance to CYSS Outreach Services Director: DNS 467-2617, CIV 09802-83-2617.

Fun Fest for Kids

Apr. 21: Celebrate Month of the Military Child with this family Fun Fest at the Katterbach Child Development Center, Youth Center and School Age Center. Fun activities including centers Open Houses from 11-2 p.m. Start the morning off with the Opening Ceremony of CYSS Sports Spring Season at the Katterbach Ball Field at 8:30 a.m. DSN 467-2533, CIV 09802-83-2533.

FAMILY ADVOCACY PROGRAM

Guide to Child Supervision
Guidance from the USAREUR Child Supervision Policy

HOME ALONE?
Birth - 5th Grade - NEVER
Grades 6 & 7 - Up to 6 hours with access to adult supervision
Grades 8, 9 & 10 - Up to 12 hours, but NEVER overnight
Grades 11 & 12 - Yes (may be alone for up to 48 hours, but must be checked on by an adult every 12 hours)

BABYSITTING?
Birth - Grade 5 - NEVER
Grade 6 - Siblings only! Up to 3 hours with access to adult supervision
Grade 7 - Up to 6 hours with access to adult supervision
Grades 8, 9 & 10 - Up to 12 hours, but NEVER overnight
Grades 11 & 12 - Yes

UNATTENDED IN VEHICLE?
Birth - Grade 3 - NEVER
Grades 4 & 5 - Yes, for up to 10 minutes (keys removed and handbrake applied)
Grades 6 & 7 - Yes
Grades 8, 9 & 10 - Yes
Grades 11 & 12 - Yes

UNATTENDED OUTSIDE?
Birth - 4 years - NEVER
Grades K - 3 - If in a playground or yard, (Must be in sight or hearing distance from a parent or supervising adult at all times)
Grades 4 & 5 - If in a playground or yard with ready access (in person) to adult supervision
Grades 6 & 7 - Up to 6 hours with access to adult supervision
Grades 8 & up - Yes

Grade K & below - May not walk to and from school or other supervised activities alone
Grades 1 - 5 - May walk to and from school and other supervised activities alone

Conditions such as Attention Deficit Hyperactivity Disorder (ADHD), Attention Deficit Disorder (ADD), Developmental Delay, behavioral problems, impulsivity, psychiatric problems, etc. that may impair a child's judgement should be considered by parents before granting them more independence. Please refer to the Army in Europe Child Supervision Guidance, May 2011 for more information.

Questions?
Call Social Work Services: 467-2850
09802.83.2850 or ACS FAP

USAG ANSBACH
FAMILY ADVOCACY PROGRAM BLDG 5817 • 467-2516/09802.83.2516

ARMY COMMUNITY SERVICE ACS
Real Life Solutions for Successful Army Living

Annual off-post clean-up action in the community of Illesheim

Join us on
Saturday, April 21, 9 a.m.

Meet at the Bauhof in Illesheim (building across from the commissary near the rail road tracks). Please bring work gloves and wear sturdy shoes or boots.

More information: 09841-683 650

2012 month of the military child The show

YOUTH CENTER FASHION AND VARIETY SHOW

April 19

6-7:30 P.M.

**Terrace Playhouse
Bleidorn housing**

**INFO?
CYSS
YOUTH CENTER
09802.83.2395**




U.S. Army Child, Youth
& School Services



SPECIAL THANKS TO OUR SPONSOR!



Sponsorship does not imply endorsement by the U.S. Government

APRIL IS month of the military child

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 happy easter!	2 game night mac 'n cheese COOK-OFF Von Steuben & Storck Community Activity Centers 6-8 p.m.	3 game night mac 'n cheese COOK-OFF Von Steuben & Storck Community Activity Centers 6-8 p.m.	4 game night mac 'n cheese COOK-OFF Von Steuben & Storck Community Activity Centers 6-8 p.m.	5 game night mac 'n cheese COOK-OFF Von Steuben & Storck Community Activity Centers 6-8 p.m.	6 game night mac 'n cheese COOK-OFF Von Steuben & Storck Community Activity Centers 6-8 p.m.	7 The great egg hunt Storck & Katterbach 10-12 p.m.
8 happy easter!	9 happy easter!	10 happy easter!	11 happy easter!	12 happy easter!	13 happy easter!	14 happy easter!
15 happy easter!	16 happy easter!	17 happy easter!	18 happy easter!	19 The show variety + fashion Youth Centers 11-2 p.m.	20 happy easter!	21 FUN FEST Katterbach Center Child Development School Age Youth 11-2 p.m.
22 happy easter!	23 happy easter!	24 happy easter!	25 wiggles + giggles playgroup jamboree APR 25 Storck Community Activity Center 10:30-12 p.m.	26 wiggles + giggles playgroup jamboree APR 26 Katterbach School Age Center Gym 10:30-12 p.m.	27 happy easter!	28 concert Tobing Back Sunday with Nicole Frechette 7 p.m.
29 happy easter!	30 happy easter!	All month find wonderful experiences to celebrate the month of the military child!				

2012 month of the military child FUN Fest

FUN FOR ALL AGES

bouncy castles

Food games

21 April • 11-2 P.M.
Katterbach
Child Development Center
School Age Center
Youth Center

INFO?
parent Central services
09802.83.2533 • 09841.83.4880

opening day for CYSS sports

baseball opening day ceremony 8:30 a.m.
Katterbach SAC field

open houses for the centers
games and information



SPECIAL THANKS TO OUR SPONSOR!



Sponsorship does not imply endorsement by the U.S. Government

CYSS Sports Opening Ceremony

Katterbach Bantam Baseball Field
21 APRIL
8:30 a.m.

Come to this exciting Opening Ceremony with our CYSS Sports Baseball Teams as they gear up for the season!



Parent Central Services

Katterbach
Bldg 5817H
Mon-Thur 08:00-17:00
Fri 11:30-17:00
CIV 09802.83.2533
DSN 467.2533

Storck Barracks
Bldg 6651
Mon-Thur 10:00-13:00/14:00-17:00
Fri 11:30-13:00/14:00-17:00
CIV 09841.83.4880
DSN 467.4880



This Weekend in Ansbach and Illesheim Post Theaters ...

Katterbach Movie Theater

FRI APR 13 – 7 p.m. 21 Jump Street (R) 1st Run
 SAT APR 14 – 7 p.m. Chronicle (PG-13)
 SUN APR 15 – 3 p.m. The Adventures Of Tintin:
 The Secret Of The Unicorn (PG)
 6 p.m. The Grey (R)

Storck Movie Theater

SAT APR 14 – 4 p.m. Chronicle (PG-13)
 7:30 p.m. The Hunger Games (PG-13)
 SUN APR 15 – 3 p.m. The Muppets (PG)



US Army Garrison Ansbach Bantam Softball Jamboree

June 9, 2012

0900 Game 1: Bamberg VS Ansbach
 1030 Game 2: Hohenfels VS Grafenwöhr 1
 1200 Game 3: Schweinfurt VS Grafenwöhr 2
 1330 Game 4: Hohenfels VS Bamberg
 1500 Game 5: Grafenwöhr 1 VS Schweinfurt
 1630 Game 6: Ansbach VS Grafenwöhr 2

9 JUNE, 2012

All games played on Barton Barracks
 Contact CYSS Sports for more info:
 0981.183.7855. DSN 468.7866



2012
Outdoor
Recreation
& Summer
Trips

Hiking Trips



Climbing on a "Klettersteig"

Sat, April 7
 Sat, June 23
 9 a.m. - 5 p.m.



Hiking in the Rhoen Mountains

Sat, April 14
 Sat, July 21
 9 a.m. - 5 p.m.

Bicycle Tour



Car Free Sunday- 40 to 50 km

Sun, May 6
 11 a.m. - 5 p.m.

Winefest



Winefest in Sommerach

Sun, July 8
 12 - 5 p.m.

Family Trips



Palm Beach Spa Trip

Sat, March 31
 10 a.m. - 5 p.m.



Gelselwind Amusement Park

Sat, May 26
 8 a.m. - 6 p.m.



Legoland Park

Sat, June 9
 7 a.m. - 8 p.m.



OUTDOOR RECREATION | CONN BARRACKS, BLDG. 50 | 09721-96-8080/353-8080



TEAMSCHWEINFURT.COM
 news, services, recreation.

Facebook.com/SchweinfurtArmy

BOSS

TEXAS HOLD 'EM TOURNAMENT

1st Place Prize
Flat Screen TV

APR 14, 2012

Von Steuben Community Activity Center Ballroom
Bismarck Kaserne

\$20 pre-registration / \$25 entry @ the door

Advance tickets available from BOSS

Doors open at 11 a.m. / Play begins at 12 p.m.

Be prepared! Buy-ins are cash only!

Help volunteer for this event and have some fun!



Better Opportunities for Single Soldiers (BOSS)
Bismarck Kaserne Bldg 5845
CIV 09802.83.2921 DSN 467.2921
ansbachboss@eur.army.mil

NAVY ENTERTAINMENT & ARMED FORCES ENTERTAINMENT
PRESENT

TAKING BACK SUNDAY



SAT, APR 28 DOORS 6:30 P.M.
KATTERBACH HANGAR 3 SHOW 7:30 P.M.

with **NICOLE FRECHETTE**

No cost tickets available at Concierge in the Von Steuben Community Activity Center, Bismarck and Storck Community Activity Center.



Info: CIV: 09802.83.2930 DSN: 467.2930

OPENING SEASON

MAY 1ST
11 to 1 p.m.

BOSS

music
yard games
give away
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RUN & GUN

19 MAY
10 am @
Shipton Soldiers Lake
5K race & Paintball targets
sign up
30 April - 18 May
@ Katterbach & Storck
Fitness Centers
sign up 19 May
at race site till 9:30 a.m.

STRONG BANDS

Katterbach Fitness Center
DSN: 467.2771 CIV: 09802.83.2771

Storck Fitness Center
DSN: 467.4582 CIV: 09802.83.4582

U.S. ARMY
MWR
SOLDIER, FAMILY, RETIREE, CIVILIAN



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For more information contact: Katterbach Education Center,
Phone: 467-3325 CIV: 09802-83-3325, apansbach@ou.edu
goOU.ou.edu

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JOIN THE TEAM!



US Army Garrison Ansbach Unit and Community SOFTBALL TEAM

Apr 10: Letter of intent picked up from Katterbach & Storck Fitness Centers

Apr 20: Letter of intent due back to Fitness Centers

May 1-3: Softball Official's Clinic, Von Steuben Community Activity Center, 6 p.m.

May 24: Coach's Meeting, Katterbach Fitness Center, 6 p.m.

May 29: Games begin! Katterbach Softball Field, 6 p.m.

We are looking for volunteer officials and coaches for men and women community softball teams.
For more info: CIV 09802.83.2810 DIN 467.2810



Katterbach Fitness Center
Monday - Friday 5:30-9 p.m.
Sat/Sun 9-5 p.m.
Training Holidays 9-7 p.m.
US Holidays 9-5 p.m.
CIV 09802.83.2771 • DSN 467.2771

Storck Fitness Center
Monday - Friday 5:30-9 p.m.
Sat/Sun 10-6 p.m.
Training Holidays 10-6 p.m.
US Holidays 10-6 p.m.
CIV 09802.83.2771 • DSN 467.2771

**Please,
Take our Survey:**



Employment Readiness

<https://www.surveymonkey.com/s/ACSEmploymentReadinessSurvey>



**monday
burger
madness**

SORRY,
calzones
and pizzas
won't be
available
monday



BEGINS APRIL 16



U.S. Army Garrison Schweinfurt

Annual bazaar returns to Schweinfurt

Story by Joy Chalmers

U.S. Army Photo by Nathan Van Schaik

SCHWEINFURT, Germany— The annual Schweinfurt Spring Bazaar will take place April 13-15 at Conn Barracks, bringing in more than 30 different international vendors to the Finney Fitness Center. This highly-anticipated traditional event, organized by the Schweinfurt Community and Spouses' Club, ushers in the opportunity to find unique mementos, while simultaneously supporting the community.

Collectively, the vendors' mini-shops will sell a huge variety of items from all over the world: Italian wine and gifts, Portuguese purses and pottery, Persian rugs, Polish pottery, French antiques, Belgian chocolates and beer, Dutch cheese, Turkish art and crafts, English pub gifts, Irish wool, and several German vendors offering a sampling of fine clocks, traditional clothing, wine and souvenirs.

"To get the same type of things you can find at the bazaar, you'd have to travel to places like Italy or Poland, but we bring it right to your backyard," said Katy Stafford, SCSC volunteer vendor chairperson.

For more than a decade, Schweinfurt Community and Spouses Club and the garrison's Family and Morale, Welfare and Recreation programs have worked together to bring these exciting vendors from all over Europe to the delight of local shoppers. The 2011 bazaar attracted more than 1,500 visitors and SCSC organizers expect even more this year.

New this year, the Schweinfurt Crafts Studio will be on hand to offer a preview of their upcoming liquidation sale. For the first time ever, community members will get the chance to purchase part of the huge bisque ware collection the shop has maintained to represent their mold ceramics program.

Schweinfurt Community and Spouses' Club earns a portion for every dollar spent at the bazaar. All proceeds earned go back to the club's grants and scholarships program. The bazaar is the single largest fundraiser benefiting SCSC grants and scholarships, a program that gave away over \$40,000 to the Schweinfurt community last year.

"All of the profits go toward the SCSC grants & scholarship program to help lift up other organizations and people in Schweinfurt.



From antiques to chocolates to rugs to beer, there are hundreds of international treasures waiting to be found at the Schweinfurt Spring Bazaar hosted by SCSC and FMWR. The bazaar takes place at Finney Fitness Center on Conn Barracks, April 13-15.

The bazaar is a big part of that fundraising," said Dorisa Weaver, SCSC grants and scholarships chairperson. "We support the community we live in and the Soldiers we love," added Robinlynn Hayes, SCSC president.

Visitors to the bazaar can give back to Schweinfurt programs by shopping and through support of SCSC's fundraisers, which includes the popular raffle for prizes donated by vendors. Contributors can also purchase from the Ways and Means committee table and bid on the silent auction baskets generously donated by various units and organizations in Schweinfurt.

The bazaar relies on volunteers to manage and run the event, and help is still needed. Registered volunteers get early shopping privileges on Friday before the bazaar opens to the public.

All DoD ID card holders are invited to the

grand opening ceremony Friday at 10 a.m. followed by shopping until 7 p.m. Shop all day Saturday, 10 a.m. – 6 p.m., and Sunday, 11 a.m. – 4 p.m. Strollers are welcome. Please no pets. All purchases are tax-free and cash, credit cards and checks are accepted.



U.S. Army Garrison Schweinfurt

Story by Margaret Gotheridge

SCHWEINFURT, Germany — In preparation for National Library Week — which runs April 8 through 14 — you should know this: The Ledward Library houses more than 30,000 book titles, offers a collection of 9,000 DVDs and 2,500 CDs, has a set of more than 300 video games and provides 20 public computers. Finding a leisure activity can be as easy as walking into the award-winning Ledward Library.

The library delivers free Wi-Fi and Internet, boasts a café to satisfy your Epicurean delight, offers the latest in check-out technology and is a hub for the latest digital media.

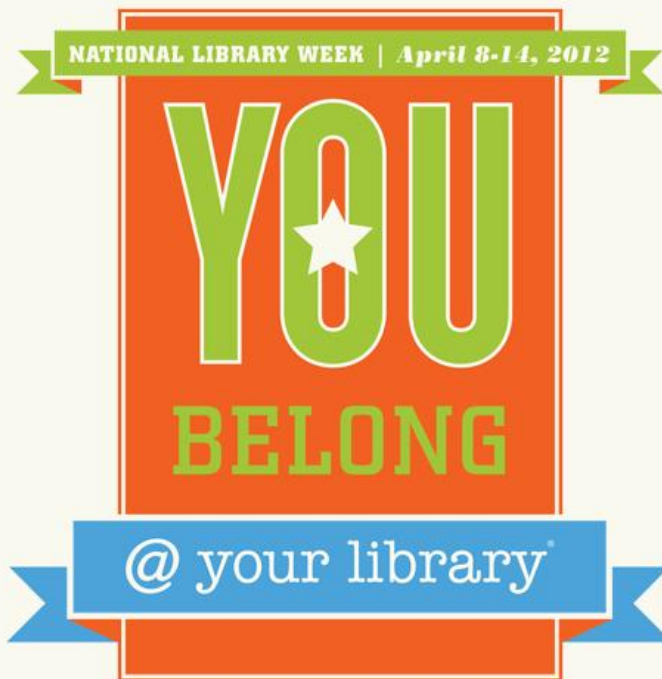
First sponsored in 1958, National Library Week is a national observance sponsored by the American Library Association (ALA) and libraries across the country each April. It is a time to celebrate the contributions of our nation's libraries and librarians and to promote library use and support, according to the American Library Association website.

At the Ledward Library, there are no rental or service fees for any of the services the library provides. All you need is your DOD ID card. Members of the community are able to establish an online library account to help streamline their library experience.

"Customers can access the library webpage from home and create their own accounts," said Christine Willis, the librarian. Additionally, patrons can now request and renew materials from the comfort of their own home.





Creating an account allows you to request items at any time of day from the Army Europe library catalog. The catalog is a compilation of items from military libraries all over Europe, which expands your selection beyond only Schweinfurt's library options. The new feature, implemented just last year, globalizes library services.

When you reserve the item through your personal library account you will be able to look for any book, CD, or DVD carried in any of the libraries located in Europe. You will be able to reserve the book and receive notification when the item is ready to be picked up at the Ledward Library or the library of your choosing. The system also allows you to view scholarly journals, eBooks, downloadable audio books, and also take language courses all with a touch of a finger.



This spring and summer the library hosts seasonal events where members of the community can come together to participate in a story time for kids of all ages and book club meetings, or learn how to create a library account. There are also opportunities to learn about language learning options and even join in baking classes, Willis said.

If you are looking for travel ideas the library travel section on the second floor may meet your needs. You are able to sift through travel guides and books on a variety of destinations. If you are not able to find the travel guide you want, you can request the item from any of the libraries in Europe. The library simplifies your experience with a self-service station that allows you to checkout items on your own by scanning your DOD ID card and the items you want to take home with you. Help celebrate National Library Week by stepping into the Ledward Library and discover new worlds.

<div data-bbox="90 1520 480 1997">  <h3>Road Trip</h3> <p>Dear Single Soldier,</p> <p>Join us for a fun day trip to the popular 19th-Century Neuschwanstein Castle. This castle is located in beautiful Bavaria, Germany and has a fascinating history. Definitely a must see destination while living in Germany!</p> <p><i>Walt Disney inspired castle</i></p> <p>\$45 transportation fee/ \$12 euro castle entrance fee (exact change needed)</p>  <p>Neuschwanstein Castle Sat, April 21 7 a.m. - 7 p.m. Sign-up by April 15th</p> <p><small>NOTE: Minimum of 30 participants required. After April 15th trip opens to all adult I.D. cardholders. Pre-register at the Warrior Zone: 09721-96-6082/354-6082 or Finney Rec Center 09721-96-8476/353-8476.</small></p> </div>	<div data-bbox="805 1520 1521 1997">  <h3>Road Trip</h3> <p>Dear Single Soldier,</p> <p>Join us for a history-packed adventure to the world famous Eagle's Nest, which was constructed as a gift for Hitler's 50th birthday. The structure is situated on a ridge at the top of the Kehlstein mountain which is 6,017 ft high. Now the Haus serves as a restaurant where you can enjoy traditional German cuisine and of course beer!</p> <p>\$60 transportation fee plus extra spending cash</p>  <p>Eagle's Nest, Berchtesgaden Sat, May 12 7 a.m. - 10 p.m. Sign-up by May 2nd</p> <p><small>NOTE: Minimum of 30 participants required. After May 2nd trip opens to all adult I.D. cardholders. Pre-register at the Warrior Zone: 09721-96-6082/354-6082 or Finney Rec Center 09721-96-8476/353-8476.</small></p> </div>
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At the Movies in Schweinfurt

FRI APR 13 - 7 p.m. **Man on a Ledge** (PG-13)

SAT APR 14 - 4 p.m. **Chronicle** (PG-13)

7 p.m. **The Hunger Games** (PG-13)

SUN APR 15 - 4 p.m. **Chronicle** (PG-13)

7 p.m. **The Hunger Games** (PG-13)



Outdoor Recreation Hiking Trip

April 14: 9 a.m. – 5 p.m. Enjoy a leisure hike in the Rhön Mountains and to the Kreuzberg monastery where you will be able to enjoy one of the monastery's famous beers at the end of the day if you choose to do so. The cost is \$15 which includes transportation. If you would like to purchase souvenirs or food and drink you will need to bring additional Euros.

Schweinfurt Volunteer Appreciation Week

April 15-21: USAG Schweinfurt recognizes "Volunteers...The Force Behind the Force" in our community. Throughout this week ACS Volunteer Corps will host five different events to show community appreciation. Volunteer awards will be presented at each event. For details, contact ACS at DSN 354-6933, CIV 09721-96-6933.

Torch Light Fun Run

April 16: 6 - 9 p.m. Come participate in the Volunteer Appreciation 2K/5K Torchlight Fun Run and Volks March. The run begins at Kessler Fitness Center. Help show your gratitude for the volunteers who have supported our community. For more information, please contact ACS at 09721-96-6933 or 354-6933.

Trip to Neuschwanstein Castle

April 21: 7 a.m. – 7 p.m. BOSS is hosting a trip to one of Germany's most visited sites, Schloss Neuschwanstein. The cost is \$45 for transportation. Please bring 11 Euros exactly for the entry fee into the castle. You will need additional euro if you would like to purchase souvenirs. Deadline to sign up is April 15. After April 15 the trip will be available to all members of the community. Please sign up at the Warrior Zone, Ledward Barracks building 224 DSN 354-6082 CIV 09721-96-6082 or at Finney Recreation Center, Conn Barracks building 64 DSN 353-8476 CIV 09721-96-8476. Deadline to sign up is April 15. After April 15 the trip will be available to all members of the community.

Motorcycle Safety Ride/Day

April 27: 9 a.m. – 3 p.m. The Schweinfurt Community is offering a motorcycle safety ride/day at the Conn Barracks Airfield and everyone is invited. Participants must register with the safety office. U.S. participants must have their own motorcycle and wear the required safety gear as required by DOD. Local national participants must have their own motorcycle and wear the required safety gear as required by German law. All motorcycle riders are responsible for their own safety. For more information please contact the Safety Office DSN 354-1670 CIV 09721-96-1670.

Kinderfest

April 28: 1 – 5 p.m. Celebrate the Month of the Military Child with members of the Schweinfurt community at Kinderfest. Kids of all ages are welcome to come out and enjoy a day of fun complete with games, vendors, and activities for all members of the community to take pleasure in. For more information, contact CYSS at 354-6279 or visit www.teamschweinfurt.com.

KINDERFEST
celebrating
MONTH OF THE MILITARY CHILD

Saturday, April 28th
1 - 5 p.m. | School Age Center, Askren Manors | Community Event

Presented by the Schweinfurt Youth Center Key Stone Club

SPRING BREAK BASH
SATURDAY, APRIL 14TH | SCHWEINFURT YOUTH CENTER, KESSLER FIELD | 12-5 P.M.

FREE 3-on-3 basketball tournament
Celebrate **Dodge Ball** **Live DJ**
Soccer games **BBQ /3 p.m.**
FOOD **music** **Relay Races**
TUG-A-WAR **Teens & Pre-Teens Welcome**

U.S. Army Child, Youth & School Services
ACS
MWR
High School Culinary Club
Teen Stress Buster
MP's Skate Safe Program

Youth Center | Kessler Field, Building 381 | 09721-96-6732/354-6732
TEAMSCHWEINFURT.COM
news, services, recreation. Facebook.com/SchweinfurtArmy

U.S. Army Garrison Bamberg

Single Soldier Supper provides more than just a home-cooked meal

By Heidi Sanders,
USAG Bamberg Public Affairs volunteer

BAMBERG, Germany -- Once a month chapel volunteers prepare a home-cooked meal for Soldiers.

Although the food is a big draw for the event, organizers hope Soldiers leave with more than just a full stomach.

"It is a home-cooked meal, but the most important thing about it is that Soldiers will be drawn closer to Christ," said Matt Huisjen, one of the event's organizers.

Huisjen said he and his wife, Tina, started the Single Soldier Supper a couple of years ago, in hopes of making a difference in Soldiers' lives.

"Jesus Christ is changing my life," he said. "My hope is that other people could experience the new life that God offers through Christ."

The suppers are typically hosted on a Monday evening during the second half of the month.

Huisjen said the chapel purchases some food for the meal, which is prepared by volunteers.

"This could not happen without the volunteers," he said.



A Soldier enjoys a home-cooked meal at the monthly Single Soldier Supper, which is organized by chapel volunteers. The next Single Soldier Supper will be Monday, April 16, at 5:30 p.m. in the Bamberg Community Chapel.

The menu varies each month, but typically is centered around a theme, such as Mexican, Italian or Southern.

said. At the March 26 Single Soldier Supper, breakfast for dinner was on the menu. About 60 Soldiers turned out for the meal, which

"Not only is it really good food, it's free," Huisjen

(FOOD continued on next page)

On the hunt for fun



A group of boys use a GPS during a geocaching Easter Egg hunt, which was a part of Saturday's Month of the Military Child Kick-off. Despite rain and cool temperatures, about 700 people, including 300 children, participated in the event, which took place at Friendship Park. For more photos from the event, visit <http://www.bamberg.army.mil/information/warnerweekly/2012.asp>.

Heidi Sanders

Fuel coupons not valid for Soldiers, family members, civilians on leave

By Sina Kingsbury, USAG Bamberg
Public Affairs volunteer

to purchase fuel, they must bring the following documents:

Soldiers, family members and civilians traveling to Italy during the spring and summer breaks should consider budgeting for gas when planning a travel budget.

- Military ID card
- TDY Orders (complete with control number)
- Current vehicle registration or rental agreement
- Driver's license

Travelers should keep their gas budget in mind, not only because fuel cards used in Germany do not work in Italy, but also because those on leave are not authorized to purchase fuel coupons.

Bring the documents to the fuel point, Building 200, on Caserma Ederle, Italy.

Active duty military personnel, federal employees and government contractors who are authorized logistical support and have valid Temporary Duty Assignment orders in Italy may purchase a limited supply of fuel coupons.

To reach the fuel point from the Aldo Moro gate, proceed straight from the gate and veer to the right at the slight turn until you come to a stop sign.

Turn left onto Olson Avenue. Turn left onto 8th Avenue.

For visitors to obtain authorization

The fuel point will be located on the (FUEL continued on next page)

Weekly Announcements

- Take a survey about the Bamberg community at www.surveymonkey.com/s/bamberg
- Be our friend. USAG Bamberg is now on Facebook. Become a fan at www.facebook.com/usagbamberg
- For more MWR events, go to their website at www.bamberg.army.mil/mwr or visit www.flickr.com/photos/bambergmwr



U.S. Army Garrison Bamberg

www.bamberg.army.mil

(FOOD continued from previous page)



Soldiers load up their plates with a variety of dishes during the March 26 Single Soldier Supper. The menu was breakfast for dinner. About 60 Soldiers attended the meal.

consisted of egg casseroles, sausage, biscuits and gravy, fruit, muffins and freshly made waffles. The menu for April 16 will be various types of chili served with corn bread, rice and dessert.

Huisjen usually shares a few upcoming events that Soldiers might be interested in.

"We encourage them to take advantage of chapel services and events, Bible studies and weekend activities offered through the Hospitality House," he said.

The Hospitality House is an off-post ministry run by Huisjen and his wife, who are missionaries with Cadence International. The Hospitality House hosts weekly potluck dinners and Bible studies on Friday nights, and the Huisjens usually coordinate a Saturday activity, such as a hike, bike ride or other outings.

While Soldiers eat, one of the volunteers will share a brief message with the group. Huisjen said this is the most important part of the evening.

"A chapel volunteer will share encouragement, a simple challenge or how God is working in their own life," he said.

Huisjen said he has seen the fruits of the volunteers' labors.

"We are seeing God change people's lives," he said. "That is what it's about. It is really cool that God uses us."

Huisjen said the Single Soldier Suppers are well received by the community.

"I overheard one Soldier say, 'These Single Soldier Suppers are the best idea anyone ever had,'" Huisjen said.

Thomas Patriquin, a soldier with 317th Maintenance Company, attended the Single Soldier Supper for the first time on March 26. He said the meal hit the spot because he misses home cooking.

"It is better than coming to the DFAC (dining facility)," Patriquin said.

David Jungblut, another first-time attendee to the Single Soldier Supper, agreed that the food was a big selling point.

"It was nice to have a home-cooked meal," said Jungblut, who is with the 173rd Special Troops Battalion. "I can't cook so usually I make PB and J or go out to eat."

Some Soldiers, like Monte Hoover of the 4th Battalion 319th Airborne Field Artillery Regiment, try to attend the monthly suppers regularly.

"I look forward to these an awful lot," Hoover said. "It is a great place to come if you are looking to see what is out there for Christian fellowship."

Huisjen said he is grateful for the support of the chapel and chaplains. "Some of the chaplains truly see the value of these events as a ministry to their own Soldiers," Huisjen said.

Chaplain (Maj.) Christopher Floro said the support of ministries like the Single Soldier Supper is vital, especially as the Army draws down on personnel and funding.

"We (the chapel) don't have all the resources we need," Floro said. "It is amazing it is reaching out into these Soldiers' lives." The next Single Soldier Supper will be at 5:30 p.m. Monday, April 16, in the Bamberg Community Chapel.

For more information or to help out with the suppers, contact Matt Huisjen at 09502-8037 or by email at mattinah@t-online.de. For more information about upcoming events at the Hospitality House, go to www.cadence.org/huisjen.

(FUEL continued from previous page)
left shortly after the turn.

Present the documents to the fuel point personnel. The fuel point is open 8 a.m.-noon and 1-5 p.m. Monday to Friday.

Take the documents from the fuel point to the Post Exchange and you may purchase coupons at the customer service desk.

The customer service desk is open 9 a.m.-8 p.m. Monday to Friday, and 10 a.m.-7 p.m. Saturday and Sunday. After duty hours, on weekends or holidays, the desk sergeant on duty at the Provost Marshal's Office

processes fuel requests.

Bring the documents to the PMO desk to receive the authorization to purchase fuel coupons. You may then purchase coupons at the Post Exchange.

Fuel coupons are valid at Agip and Eni gas stations. Esso gas stations no longer accept fuel coupons as of Jan. 1, 2012. Coupons are available in denominations of 5, 10 and 20 liters.

For more information, visit the Vicenza Military Community homepage at <http://www.usag.vicenza.army.mil/sites/local/>.

Eco-Friendly Tips

Energy-saving Tip

Position your fridge away from a heat source like an oven, dish washer or direct sunlight from a window.

Recycling Tips

Buy things with a small package to avoid waste and sort the package waste for recycling.

Water-saving Tip

Water your yard and outdoor plants early or late in the day to reduce evaporation.

U.S. Army Garrison Bamberg

www.bamberg.army.mil

Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directories/odrmariodr.asp>.



April 14 Salzburg, Austria \$65
Visit the charming city which is famous for the Sound of Music, is the birthplace of Wolfgang Amadeus Mozart and where the Fortress of Hohensalzburg provides breathtaking views.

April 21 Nuremberg Zoo \$35
Observe live animal feedings and shows, and when your legs get tired grab a snack at one of the restaurants located inside the zoo. Includes transportation and admission. Children ages 4-12 are \$20 and children 3 and under are \$10.

April 28 Cheb Shopping, Czech Republic \$35
With some of the most famous flea-markets in Europe, Cheb in the Czech Republic is a bargain shoppers dream come true. Children ages 4-12 are \$20 and children 3 and under are \$10. Passport is required. Transportation departs from Outdoor Recreation at 9 a.m. and returns at 5 p.m.

May 3 Tour Under Bamberg \$25
This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp. Please wear appropriate clothing and bring a flashlight. Transportation departs from Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

May 5 and 19 White Water Kayak \$35
No matter your skill level, our white water kayak trip will have you feeling like a professional by the end of the day. Please wear a swimsuit and pack a towel, lunch and hydrating liquids. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

Military Saves Week highlights financial readiness

HOHENFELS, Germany – As part of the Military Saves Campaign, Army Community Service's Financial Readiness Team spent the week in the PX foyer educating the community on reducing debt and building a financial plan for the future.



To read more on this story, [click here](#).

Vietnam veterans welcomed home -- finally

CHARLOTTE, N.C. (April 2, 2012) - Friends were reunited; stories were told, and memories were honored on a day that many Vietnam veterans never thought they'd see -- a day set aside specially for them to be properly welcomed home -- almost 40 years later.



To read more on this story, [click here](#).

Bamberg Movie Schedule

AAFES Reel Time Theater is closed Tuesdays and Wednesdays

Thu	April 12	Man On A Ledge (PG-13)	7 p.m.
Fri	April 13	The Grey (R)	7 p.m.
Sat	April 14	Wrath Of The Titans (PG-13)	3 p.m.
		Chronicle (PG)	7 p.m.
Sun	April 15	One For The Money (PG-13)	3 p.m.
		Wrath Of The Titans (PG-13)	7 p.m.
Mon	April 16	Wrath Of The Titans (PG-13)	7 p.m.
Thu	April 19	The Grey (R)	7 p.m.
Fri	April 20	Safe House (R)	7 p.m.
Sat	April 21	The Cold Light Of Day (PG-13)	3 p.m.
		Safe House (R)	7 p.m.
Sun	April 22	Journey 2: The Mysterious Island (PG)	3 p.m.
		The Cold Light Of Day (PG-13)	7 p.m.
Mon	April 23	The Cold Light Of Day (PG-13)	7 p.m.
Thu	April 26	Safe House (R)	7 p.m.

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U.S. Army Europe App
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Bavaria's biggest garden festival to open April 26

By Simon Hupfer, USAG Bamberg Public Affairs

BAMBERG, Germany – After 10 years of planning and four years of construction the Bavarian Garden Show, or "Landesgartenschau", will open its gates for visitors April 26.

The garden show is one of Bamberg's most extensive projects in years. Almost 46 acres are covered with more than 400 trees, 5,500 bushes and 255,000 flower bulbs, to attract tourists as well as Bamberg residents.

The show is not just for gardeners though; it's a colorful park inviting for a relaxing stroll with the entire family, with water playgrounds, picnic areas, live concerts, food and games – a true family-friendly summer-long garden-fest.

The main area of the Bavarian Garden Show is located on ERBA Island in Gaustadt, at the northern end of Bamberg.

The former industrial park which hosted Bamberg's cotton and weaving industry until 1992, has successfully converted into a showcase of an ecological construction and gardening fair, integrating family housing projects and long needed homes for students of the Bamberg university.

Thus it's creating a new and attractive urban district and a milestone in the Bamberg's urban development.

To read more on this story, visit <http://www.bamberg.army.mil/information/wamerweekly/2012.asp>.

Help us better our community by taking a survey about the Bamberg community at
www.surveymonkey.com/s/Bamberg

U.S. Army Garrison Bamberg

www.bamberg.army.mil

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the Internet. Services are available for individual self development. Stop in to check e-mail, use free Internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility in Building 7055, call 0951-300-6669 or e-mail esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For more information about EFMP, contact Vanessa Holland, EFMP manager, at 0951-300-7777.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

Prevent Influenza

Getting a yearly flu vaccine is the first and most important step you can take to protect yourself against influenza. Contact your health clinic to get your yearly flu vaccination. To learn more about how you can protect yourself and others from influenza, visit <http://www.cdc.gov/flu/protect/preventing.htm>.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for March 29, June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.

Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent

Happy Birthday!
Army Arts & Crafts!
70th Anniversary Celebration
April 20, 3-5 p.m.

Kids Crafts, Demonstrations, Eat Back from Local Artists, Wood Working, Jewelry Making, Embroidery, Knitting, Spinning, Art, Ceramics, Photography and more!
at Bldg. 7047, 1st floor, free admission and free parking!
Contact (0951) 300 8559

Community Announcements

Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMA4>.

Ohio Veterans Bonus

The Ohio Veterans Bonus is available to veterans who served during the conflicts in the Persian Gulf, Iraq and Afghanistan. For more information, go to veteransbonus.ohio.gov or call 1-877-644-6838.

Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Community Flea Markets

every 2nd Saturday of the month
March - October, 10 a.m.-1 p.m.
at CAC, Bldg. 7047
March 10, April 14, May 12, June 16, Aug. 11, Sept. 8, Oct. 13
Contact CAC at (0951) 300 8837

2012 Community Fun Runs

10 March	Women's Equality Month 5K Fun Run & Walk
21 April	Month Of The Military Child 5K Fun Run & Walk
12 May	Asian Pacific Heritage Month 5K Fun Run & Walk
23 June	Green Outdoor 5K Fun Run & Walk
4 July	Independence Day 5K Fun Run & Walk
11 Aug	ACOM Europe Mountain Bike Race and 10K Trail Run
26 Aug	Women's Equality Day 5K Fun Run & Walk
22 Sept	1st Day of Autumn 5K Fun Run & Walk
20 Oct	Swear Center Anniversary 5K Fun Run & Walk
17 Nov	Turkey Trot
15 Dec	5K Trail Run

For more information on any of these events, contact FFR, Tel: (0951) 305 8590

tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Enlaga and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

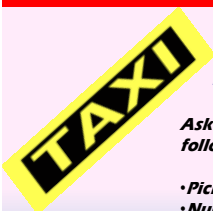
The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on US federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 0800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directories/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Amsterdam!
21-22 April 2012

Includes roundtrip transportation on German Motor Coach, 1 overnight in 3 star hotel w/breakfast, guided tour of Amsterdam, entrance fee @ Keukenhof Tulip Gardens, and viewing of the world famous Flower Parade!
\$259 per adult (based on 2 people per room)
Single room extra \$89
Open to Soldiers, Gold Star and Officer's family members, retirees and all other authorized 10-year holders 18 years of age and above.
Sign-up deadline is 3 April with deposit of \$100 per person. Payable in full no later than 15 April. Sign up and additional info at 0951-300-8840/6686. Presiders Fitness Facility.



Authorized "On Post" Taxi Service in Ansbach

Ask for a driver with a U.S. Installation Pass and provide the following information:

- Pick up point
- Number of passengers
- Destination
- Name and number
- Time of pick up



If traveling to airport, notify the driver of number of passengers and bags

Telephone numbers: 0981 – 5005 or 0981 – 19410



AUTHORIZED TAXI SERVICE ON STORCK BARRACKS

TAXI ILLESHEIM : 09841-7200



ASK FOR A DRIVER WITH A U.S. INSTALLATION PASS AND PROVIDE THE FOLLOWING INFORMATION:

- PICK UP POINT
- NUMBER OF PASSENGERS
- DESTINATION
- NAME AND NUMBER
- TIME OF PICK UP



IF TRAVELING TO AIRPORT NOTIFY THE DRIVER OF NUMBER OF PASSENGERS AND BAGS.

Ansbach Veterinary Clinic

09802 – 83 – 3179



Franken Kaserne
Munasiedlung 100
91613 Marktbergel

Mon-Thur: 8:30 a.m. – 4 p.m.

Fri 1 – 4 p.m.

Closed on federal and training holidays!

Army Substance Abuse Program

"...to strengthen the overall fitness and effectiveness of the Army's workforce, to conserve manpower and enhance the combat readiness of Soldiers."

Services:

- Group, family, and individual counseling
- Command consultation
- Drug testing
- Outpatient counseling
- Arrangement for inpatient care
- Coordination with self-help groups (e.g., Alcohol Anonymous, Alanon, Alateen)

Katterbach Kaserne
M – F, 0730 - 1630
Bldg. 5817
DSN: 467-1710
CIV: 09802-83-1710



Storck Barracks
M – W, 0730 – 1630
Bldg. 6510
DSN: 467-4566
CIV: 09841-83-4566

Looking for something to do in the area?



See 'Off Post Fun' on
www.ansbach.army.mil



WHEN YOU SEE THIS SIGN →

USE THE BLUE DISC



- Mark arrival time to the first half- or full-hour after
- Place on dashboard

Available at the Car Care Center on Bismarck Kaserne and at many local stores.